

## Ladies 5k 10 September 2006

Position	Time	Name	Club	Category	Pace	Entry No
1	0:18:03	CLARKE, Jane	Norfolk Gazelles	VET LADIES 45-49	05:48.5	53
2	0:19:01	GAPP, Joanna	City of Norwich Athletic Club	SENIOR LADIES	06:07.1	59
3	0:19:23	ALFORD, Nicola	City of Norwich Athletic Club	SENIOR LADIES	06:14.2	60
4	0:19:33	EMMETT, Lynn	City of Norwich Athletic Club	SENIOR LADIES	06:17.4	54
5	0:21:13	POTTER-CAMPBELL, Emma	Dereham Runners Athletic Club	SENIOR LADIES	06:49.6	66
6	0:21:28	SMITH, Alexandra	Norwich Road Runners	SENIOR LADIES	06:54.4	2
7	0:21:35	COOPER, Sandra	Brandon Fern Hoppers	VET LADIES 40-44	06:56.7	45
8	0:22:43	CUSHING, Sally	Norwich Road Runners		07:18.6	35
9	0:22:51	MILLETT, Anne	Norwich Road Runners	VET LADEIS 50-54	07:21.1	46
10	0:22:54	WHITE, Michelle		SENIOR LADIES	07:22.1	17
11	0:23:00	BEAR, Angela	Wymondham Athletic Club	VET LADIES 45-49	07:24.0	40
12	0:23:07	WOODHOUSE, Gill	Dereham Runners Athletic Club	VET LADIES 55-59	07:26.3	1
13	0:23:32	HORNER, Alison	Coltishall Jaguars	SENIOR LADIES	07:34.3	39
14	0:23:49	JAMES, Joanne	Dereham Runners Athletic Club	SENIOR LADIES	07:39.8	18
15	0:23:49	HUTCHEON, Brenda	Coltishall Jaguars	VET LADIES 55-59	07:39.8	19
16	0:24:11	FISH, Anne	Stowmarket	VET LADIES 55-59	07:46.9	57
17	0:24:44	NORRIS, Louise	Thetford Athletic Club	SENIOR LADIES	07:57.5	22
18	0:24:51	ANDERSON, Colleen	Great Yarmouth Road Runners	SENIOR LADIES	07:59.8	30
19	0:25:02	MILLER, Rachel			08:03.3	47
20	0:25:10	WARD, Beres		VET LADEIS 50-54	08:05.9	34
21	0:25:19	OSBOURNE, Sue		SENIOR LADIES	08:08.8	42
22	0:25:50	SYMONDS, Lisa		SENIOR LADIES	08:18.7	24
23	0:25:52	MARTIN, Anne	Wymondham Athletic Club	VET LADIES 60+	08:19.4	67
24	0:26:00	COPELAND, Jill	Norwich Road Runners	VET LADIES 45-49	08:22.0	56
25	0:26:08	LEE, Katy	bungay black dog athletic club	SENIOR LADIES	08:24.5	10
26	0:26:08	LEE, Kate	bungay black dog athletic club	SENIOR LADIES	08:24.5	16
27	0:26:13	GILL, Joan	Ryston Runners	VET LADIES 55-59	08:26.1	6
28	0:26:20	KELLY, Hannah	bunwell strollers	SENIOR LADIES	08:28.4	68
29	0:26:34	DADY, Sylvia		SENIOR LADIES	08:32.9	51
30	0:26:55	FARROW, Linda	Norfolk Gazelles	VET LADIES 55-59	08:39.7	3
31	0:27:03	ELLEN, Sara		VET LADEIS 50-54	08:42.2	58
32	0:27:04	BAILEY, Margaret	Wymondham Athletic Club	VET LADIES 55-59	08:42.6	26
33	0:27:13	DILREW, Julie		VET LADIES 45-49	08:45.5	12
34	0:27:15	SEWELL, Helen	Ryston Runners	VET LADIES 60+	08:46.1	5
35	0:27:35	JARVIS, Naomi		SENIOR LADIES	08:52.5	63
36	0:27:40	HOLLAHAN, Karren	bunwell strollers	SENIOR LADIES	08:54.1	13
37	0:27:45	ALFORD, Karen		VET LADIES 40-44	08:55.8	41
38	0:27:58	WRIGHT, Lucy	Wymondham Athletic Club	SENIOR LADIES	08:59.9	23
39	0:28:25	BATRAM, Catherine	North Norfolk Beach Runners	VET LADIES 40-44	09:08.6	61
40	0:28:40	HAWNES, Carmen		SENIOR LADIES	09:13.5	20
41	0:29:03	MAXWELL, Alice	Wymondham Athletic Club	SENIOR LADIES	09:20.9	65

42	0:29:08	NORRY, Rita	Thetford Athletic Club	VET LADIES 45-49	09:22.5	27
43	0:29:13	HOWE, Marie	Thetford Athletic Club	SENIOR LADIES	09:24.1	28
44	0:29:25	FLATT, Linda	City of Norwich Athletic Club	VET LADEIS 50-54	09:27.9	29
45	0:29:27	MOORE, Jane	Norfolk Gazelles	VET LADIES 40-44	09:28.6	9
46	0:29:31	STARR, Sarah		SENIOR LADIES	09:29.9	21
47	0:29:31	HARVEY, Susan	City of Norwich Athletic Club	VET LADIES 45-49	09:29.9	36
48	0:29:48	TUVEY, Victoria		VET LADIES 45-49	09:35.3	33
49	0:29:56	POLLEY, Jeanette	City of Norwich Athletic Club	VET LADIES 45-49	09:37.9	32
50	0:30:06	FRANCIS, Amanda	Dereham Runners Athletic Club	VET LADIES 40-44	09:41.1	55
51	0:30:32	CURRAN, Monica	Norfolk Gazelles	VET LADIES 55-59	09:49.5	25
52	0:31:06	WINTER, Paula	Norfolk Gazelles	VET LADIES 40-44	10:00.4	11
53	0:31:07	KEMP, Dawn		SENIOR LADIES	10:00.8	50
54	0:31:12	SULLIVAN, Genette	Norwich Road Runners	VET LADIES 40-44	10:02.4	44
55	0:31:17	SUMMERSON, Regan		SENIOR LADIES	10:04.0	62
56	0:31:17	SMITH, Louise		SENIOR LADIES	10:04.0	64
57	0:32:37	LODGE, Susan		VET LADEIS 50-54	10:29.7	31
58	0:32:59	WALKER, Andrea		VET LADIES 40-44	10:36.8	49
59	0:32:59	HARDMAN, Sallie		VET LADIES 40-44	10:36.8	4
60	0:33:31	FULLER, Sarah	Coltishall Jaguars	SENIOR LADIES	10:47.1	52
61	0:35:36	GODDARD-GAZE, Kim	Norfolk Gazelles	VET LADIES 40-44	11:27.3	7
62	0:35:37	GAZE, Debbie		VET LADEIS 50-54	11:27.6	8
63	0:38:23	KENNEDY, Lucy		SENIOR LADIES	12:21.1	43
64	0:45:02	MILLER, Cynthia		VET LADIES 60+	14:29.5	48