

Mens 5k October 2002

Position	Time	Name	Club	Category	Age	Sex
1	0:15:38	Joy, Rob	North Norfolk Beach Runners		25	M
2	0:17:05	Molore, Alex	Norfolk Gazelles		28	M
3	0:17:05	Arnold, Nigel	Norfolk Gazelles	V40	44	M
4	0:17:10	Johnson, Pete	Norfolk Gazelles	V45	48	M
5	0:17:20	Jones, Chris			18	M
6	0:17:35	Youngs, Kevin	Norfolk Gazelles	V50	53	M
7	0:18:09	Kemp, Stephen	Norwich Road Runners	V45	45	M
8	0:18:22	Powell, Michael	Norwich Road Runners	V50	53	M
9	0:18:43	Hill, Raymond	Ipswich Jaffa	V50	52	M
10	0:18:47	Sadler, Matthew	Waveney Valley Athletic Club		16	M
11	0:18:52	Dickinson, Steve			37	M
12	0:18:55	Yeomans, Martin	Norwich Road Runners	V50	51	M
13	0:19:01	Edge, Simon	Norwich Road Runners	V50	50	M
14	0:19:04	Cornish, Paul	Norfolk Gazelles	V45	46	M
15	0:19:06	Collinson, Mark	Norwich Road Runners		25	M
16	0:19:25	Margereson, Matt			31	M
17	0:19:30	Quantrill, Phil	Ipswich Jaffa		28	M
18	0:19:30	Old, Timothy	City Of Norwich		29	M
19	0:19:32	Bromley, Brian	Norfolk Gazelles	V55	59	M
20	0:19:46	Bamford, Phil	City Of Norwich	V50	50	M
21	0:19:51	Quigley, Terry	North Norfolk Beach Runners	V55	55	M
22	0:19:59	Wightman, Paul	Wymondham Athletic Club		39	M
23	0:20:02	Thomas, Russell	Newmarket Joggers		28	M
24	0:20:11	Sadler, Adrian	Waveney Valley Athletic Club		39	M
25	0:20:24	Kelf, Jason	Norfolk Gazelles		34	M
26	0:20:28	Kelf, Jon	Norfolk Gazelles		34	M
27	0:20:37	Sullivan, Paul	Norwich Road Runners		36	M
28	0:20:43	Smith, Iain	Norwich Road Runners		23	M
29	0:20:53	Ward, Alan	Great Yarmouth Road Runners	V40	41	M
30	0:20:56	Purdy, Vincent			26	M
31	0:20:58	Whiting, Mark		V40	42	M
32	0:20:59	Millett, Tony	Waveney Valley Athletic Club	V45	49	M
33	0:21:09	Woods, Ian		V45	45	M
34	0:21:10	Smith, Kevin	Lowestoft Road Runners		39	M
35	0:21:14	Evans, Tony	Waveney Valley Athletic Club	V45	46	M
36	0:21:15	Hill, James			19	M
37	0:21:27	Thouless, Gavin	Norwich Road Runners		33	M
38	0:21:36	Horrex, Trevor	Norwich Road Runners	V40	42	M
39	0:21:46	Tunaley, John	Ipswich Jaffa	V50	52	M
40	0:21:47	Ball, Malcolm	North Norfolk Beach Runners	V60	69	M
41	0:21:52	Symonds, Robin	Stowmarket Striders	V40	42	M
42	0:21:59	Simpson, Dennis	Norwich Road Runners	V40	42	M
43	0:22:00	Smith, Barry	Lowestoft Road Runners	V40	42	M
44	0:22:26	Harvey, Paul	North Norfolk Beach Runners	V40	42	M
45	0:22:32	Hartley, Alex	Wymondham Athletic Club	V40	44	M
46	0:22:42	England, John	Great Yarmouth & Distric Athletics	V55	55	M

			Club			
47	0:22:47	Beckett, David		V40	41	M
48	0:23:03	Brookes, Anthony		V55	57	M
49	0:23:42	Tassie, Bill		V50	50	M
50	0:23:51	Jeffries, Richard		V40	40	M
51	0:24:02	Harvey, Michael	North Norfolk Beach Runners	V45	47	M
52	0:24:12	Clarke, Martin			32	M
53	0:24:16	Fish, Grayhame	Stowmarket Striders	V50	52	M
54	0:24:16	Clarke, Simon			34	M
55	0:24:28	Harbord, Chris	Great Yarmouth Road Runners	V55	57	M
56	0:24:29	Payne, Royston		V60	60	M
57	0:24:46	Tassie, Jason			24	M
58	0:26:06	Dickerson, John	Garden City Joggers	V45	48	M
59	0:33:58	Smakir, Taizoon			38	M