

WYMONDHAM AC WINTER TIME TRIAL

EVENT 2 – 10 NOV 08

NAME	START TIME	FINISH TIME	RUNNING TIME	POSITION
Wendy Larke	00:00	21:51	21:51	
Rodney Freeburn	00:00	24:49	24:49	
Julia Kennally	00:20	18:11	17:51	
Dave Dysart	00:20	17:45	17:25	
Ron Marsh	00:20	20:21	20:01	
Tracey Stevens	00:40	17:10	16:30	
Dale Cooper	00:40	16:50	16:10	
Mike Smith	00:40	17:50	17:10	
Ed Burton	00:40	16:39	15:59	
Geoff Adams	01:00	17:22	16:22	
Mark Tufts	01:00	17:36	16:36	
Steve CuvIELLO	01:00	18:07	17:07	
Graham Coleman	01:00	18:27	17:27	
Carl Machin	01:20	17:20	16:00	
Ian Sturgess	01:20	15:54	14:34	
Jenny Christian	01:20	17:43	16:23	
Tanya Crofts	01:20	16:25	15:05	
Paul Goodwill	01:40	17:20	15:40	
Russell Clarke	01:40	17:00	15:20	
Ed Greenland	01:40	16:10	14:30	
James Sturgess	02:00	16:06	14:06	
Neil Papworth	02:00	15:58	13:58	
Russell Matthews	02:00	17:37	15:37	
Ben Stratton	02:20	14:53	12:33	
James Preston	02:20	14:20	12:00	
Terry Epps	02:45	17:13	14:28	

In the finest traditions of F1 Grand Prix I decided to call this as a wet race as the weather had been appalling during the day and early evening and as we started, a fine drizzle was falling. So in a break with tradition I decided to set runners off in blocks of 3 or 4 so there was less waiting.

Despite the weather some decent times were recorded. Ben Stratton continues his rapid improvement with a fine performance, knocking 16 seconds off October's time. In fact, comparing the results against last month, no fewer than 6 competitors improved their times; most notable being Dave Dysart who improved by an excellent 43 seconds. A mention to for two debut runners, Neil Papworth who ran 13:58 and Steve CuvIELLO who finished in 17:07. Welcome to both.

The Time Trial takes a Christmas break now and will return on 12 Jan 2009, just in time to think about running off those Christmas excesses.

Look out for a special event in the run up to Christmas, a fun evening run, followed by Mulled Wine and Mince Pies.