

WYMONDHAM AC WINTER TIME TRIAL

EVENT 1 – 13 OCT 08

NAME	START TIME	FINISH TIME	RUNNING TIME	POSITION
Wendy Larke	00:00	22:02	22:02	
Sue Harris	00:20	22:20	22:00	
Jeanette Polley	00:40	22:25	21:45	
Linda Platt	01:00	22:09	21:09	
Patrick Larke	01:20	22:03	20:43	
Annie Pointer	01:40	22:45	21:05	
Kerry Daniels	02:00	23:00	21:00	
Gillian Watson	02:20	24:54	22:34	
Vanessa Felice	02:40	23:51	21:11	
Carolyn Wilcox	03:00	25:48	22:48	
Matt Wilcox	03:20	20:26	17:06	
Juliette Cox	03:40	20:34	16:54	
Kim Reader	04:00	21:09	17:09	
Lyn Hazleton	04:20	21:25	17:05	
Dave Dysart	04:40	22:48	18:08	
Mike Smith (W)	05:00	22:13	17:13	
Jerry Watson	05:20	21:35	16:15	
Dale Cooper	05:40	21:53	16:13	
Tanya Crofts	06:00	21:27	15:27	
Ed Burton	06:20	22:48	16:28	
Graham Coleman	06:40	24:19	17:39	
Tracey Stevens	07:00	23:24	16:24	
Tim Hill	07:20	21:32	14:12	
Carl Machin	07:40	22:56	15:16	
Ady Preston	08:00	22:02	14:02	
Ed Greenland	08:20	22:52	14:32	
James Burch	08:40	22:10	13:30	
Neil Holland	09:00	23:26	14:26	
Roger Beardmore	09:20	24:00	14:40	
James Sturgess	09:40	24:17	14:37	
Ben Stratton	10:00	22:49	12:49	
James Preston	10:20	22:08	11:48	
Russell Clarke	10:40	25:22	14:42	
	11:00			

A fantastic and heartening turn out for the Winter Time Trial saw 33 runners compete in this, the first event of the 2008/9 series. There are many highlights, not least the excellent turn out by our new members. Well done to all who took part, not least of those whose first event this was.

Notable performances from many, but worthy of mention are James Preston, marking an ominous return to form with an amazing run of 11:48, a new course record, Ben Stratton with 12:49 and Juliette Cox with an excellent 16:54 all of which are Personal Best times. I hear James has been training with CONAC under Tim Ash and this seems to be paying off. Jerry Watson returned to his form of last year, clocking 16:15, which is close to his best time of last seasons event, and Lyn Hazleton, making a welcome return to Time Trialing, recorded an excellent 17:05, which is close to her best time of 2006/7! Dale Cooper continued his good form in this event with a 16:13 effort and he too was quicker than last season. Finally Tracey Stevens recorded a PB of 16:24, an improvement of 26 seconds on last season. A summer of training under our team of coaches is having benefits. Well done to all.

My thanks to all who took part and making this an excellent event if a bit of a nightmare for the organiser! The next time Trial will be held on 10 November 08.

David Hazleton