

**WYMONDHAM ABBEY 5KM– 2<sup>8TH</sup> SEPTEMBER 2008****MEN**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1 <sup>st</sup>	Andrew Bunn	Norwich Road Runners	16.26
2 <sup>nd</sup>	Mark Haynes	Coltishall Jaguars	18.29
3 <sup>rd</sup>	Richard White	Wymondham AC	18.33
1 <sup>st</sup> Junior	Rhys Tyler	Thetford AC	19.06
1 <sup>st</sup> Senior	Peter Nelson	Unattached	18.58
40+	Adie Grand	Norwich Road Runners	
45+	Peter Bussey	Norwich Road Runners	
50+	Kevin Hardingham	Norfolk Gazelles	
55+	Richard Black	Great Yarmouth Road Runners	
60+	Jim Hayes	North Norfolk Beach Runners	1.21.16
1 <sup>st</sup> Senior Team		Coltishall Jaguars	
	Mark Haynes		
	Jonathon Reader		
	Hugh Catleugh		
1 <sup>st</sup> Vets Team		Norwich Road Runners	
	Adie Grand		
	Martin Yeomans		
	Peter Bussey		

**WYMONDHAM ABBEY 5KM 28<sup>TH</sup> SEPTEMBER 2008****LADIES**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1 <sup>st</sup>	Marion McCall	St Edmunds Pacers	20.34
2 <sup>nd</sup>	Lucy Tyler	Thetford AC	20.58
3 <sup>rd</sup>	Alexandra Smith	Norwich Road Runners	21.24
1 <sup>st</sup> Junior	Daisy Dugdale		21.35
1 <sup>st</sup> Senior	Tracey Stevens	Wymondham AC	21.58
40+	Debbie Moore	Norfolk Gazelles	22.42
45+	Alison Milnes	Ryston Runner	25.09
50+	Jill Fisher	Norfolk Gazelles	26.26
55+	Becky Durrant	Coltishall Jaguars	26.19
60+	Gill Woodhouse	Dereham Runners	23.45
1 <sup>st</sup> Senior Team		Norwich Road Runners	
	Alexandra Smith		
	Michelle Bull		
	Mandy Fulton		
1 <sup>st</sup> Vets Team		Norfolk Gazelles	
	Debbie Moore		
	Jill Fisher		
	Jennifer Burfoot		