

Thursday, February 5, 2009

# Hardy runners striding out

## Running

THE poor weather conditions didn't hamper this weekend's running events in the county for the hardy members of Wymondham AC.

West Norfolk AC had their cross-country competition in the grounds of Houghton Hall, near Fakenham.

The bitter wind whipping through the park and of course the snow showers didn't deter seasoned cross-country runners James Birch, Gerry Watson and Kim Reader from putting in excellent times and results.

On the other side of Norfolk 14 runners from Wymondham were taking part in the new Reedham 10-mile road race.

An undulating course and, even with the strong winds and freezing temperatures, the Wymondham Ladies came home with some impressive times.



**HARDY FOLK: Wymondham runners line up.** Picture: SUBMITTED

First runner home for Wymondham and overall female winner was Tanya Crofts in just 71 min 31 sec.

Following just a few minutes behind was Jenny Christian 75:31 rewarded with the first prize for Women's 50+ category.

Next in was Sharon Hurren 75:54 and Tracey Stevens 76:57, these three collectively earned the Masters team trophy. Also running for Wymondham Juliette Cox 77:10, Angie Bear

81:53, Tracey Dodsworth 86:46, Anna Needs 87:02 and Louise Barker 87:03. Tracey, Anna and Louise, all new to racing, paced each other throughout the course to help each other along.

Mark Tufts 73:04, Mike Smith 79:49, Patrick Larke 81:53, Louis Cooper 91:10 and Ron Marsh 92:31 also performed well in spite of the conditions.

Wymondham AC meet at the Rugby Club, Tuttle Lane, on Mondays at 6.30pm.