

ladies masters

Team - CONAC Finish Position - 1

Team Score (places): 20 Team Score (times): 2:14:13.3

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	121	louise Wilkinson	3	3	43:05.2	43:05.2
2	407	sabina spence	6	9	44:03.7	1:27:08.9
3	220	Sue Cooke	11	20	47:04.3	2:14:13.3

Team - Norwich Road Runners Finish Position - 2

Team Score (places): 21 Team Score (times): 2:15:03.2

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	80	Penny Edwards	4	4	43:11.8	43:11.8
2	61	Sharon Bardwell	7	11	45:12.6	1:28:24.4
3	406	Yvonne Parker	10	21	46:38.7	2:15:03.2

Team - Bungay Black Dog RC Finish Position - 3

Team Score (places): 55 Team Score (times): 2:25:07.6

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	375	Lynn Emmett	2	2	40:52.1	40:52.1
2	155	Bobbie Sauerzapf	20	22	50:32.6	1:31:24.7
3	67	Shona Bendix	33	55	53:42.8	2:25:07.6

Team - Norfolk Gazelles Finish Position - 4

Team Score (places): 83 Team Score (times): 2:32:46.7

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	478	Sandra Roberts	5	5	43:38.9	43:38.9
2	164	Carol Betts	17	22	49:25.9	1:33:04.9
3	219	Michelle Waters	61	83	59:41.8	2:32:46.7

Team - Coltishall Jaguars Finish Position - 5

Team Score (places): 131 Team Score (times): 2:48:56.5

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	324	Jackie Bye	28	28	52:34.4	52:34.4
2	162	Christine Cooke	45	73	56:52.5	1:49:26.9
3	227	Rebecca Durant	58	131	59:29.6	2:48:56.5

Team - GYRRC Finish Position - 6

Team Score (places): 132 Team Score (times): 2:49:21.8

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	453	Lorraine Dawson	16	16	49:24.3	49:24.3
2	144	Dianne Crosby	48	64	57:06.3	1:46:30.7
3	303	Ann O'Leary	68	132	1:02:51.1	2:49:21.8

Team - Stowmarket Striders Finish Position - 7

Team Score (places): 142 Team Score (times): 2:52:13.6

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	40	Tina Belsom	36	36	53:59.7	53:59.7
2	424	Sandra Mayhew	39	75	55:26.5	1:49:26.3
3	457	Jeanne Lych-aird	67	142	1:02:47.2	2:52:13.6

Team - Dereham RC Finish Position - 8

Team Score (places): 146 Team Score (times): 2:51:38.8

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	238	Toni Tarrant	34	34	53:54.7	53:54.7
2	404	Anita Fortes	50	84	58:00.0	1:51:54.8
3	355	Jacquie Wood	62	146	59:43.9	2:51:38.8

Team - North Norfolk Beach Runners Finish Position - 9

Team Score (places): 174 Team Score (times): 3:08:21.5

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	25	Andrea Osborne	29	29	53:01.6	53:01.6
2	315	emma culley	57	86	59:21.0	1:52:22.7
3	347	Karen Emery	88	174	1:15:58.8	3:08:21.5

Team - Wynondham AC Finish Position - 10

Team Score (places): 206 Team Score (times): 3:20:41.3

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	169	Sarah Holland	30	30	53:03.3	53:03.3
2	225	Judi Ingram	84	114	1:09:24.8	2:02:28.2
3	282	Sarah Robinson	92	206	1:18:13.1	3:20:41.3

Team - Gt Yarmouth & District AC Finish Position - 11

Team Score (places): 209 Team Score (times): 3:20:04.3

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	223	Susan Fraser	37	37	54:36.5	54:36.5
2	320	Elaine Haggarty	83	120	1:09:20.3	2:03:56.8
3	154	Pat Brightman	89	209	1:16:07.4	3:20:04.3

Team - Ryston Runners AcFinish Position - 12

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	337	Alison Milnes	32	32	53:30.2	53:30.2
2	84	Sue Smith	73	105	1:04:17.7	1:57:47.9

Team - The SaxonsFinish Position - 12

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	160	Sarah Vick	8	8	46:09.7	46:09.7
2	159	Wendy Merfield	93	101	1:21:12.4	2:07:22.1

Team - Tri angliaFinish Position - 12

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	292	Anne Florence	35	35	53:58.2	53:58.2
2	414	sarah sargeant	38	73	55:13.7	1:49:12.0

Team - Ampthill & Flitwick FlyersFinish Position - 15

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	307	Karen Hollingsworth	65	65	1:02:24.8	1:02:24.8

Team - Brandon Fern HoppersFinish Position - 15

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
1	343	Sandra Cooper	22	22	50:43.1	50:43.1

Team - Cambridge & Coleridge ACFinish Position - 15

Team Score (places): Inc. Team Score (times):

Team Pos 1
Bib No 140
Name Deborah Carter
O'all Place 46
Cum. Place 46
Time 56:58.6
Cum. Time 56:58.6

Team - Great Bentley RC
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 221
Name Barbara Law
O'all Place 43
Cum. Place 43
Time 56:34.9
Cum. Time 56:34.9

Team - Ipswich Triathlon Club
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 110
Name Amanda Mallett
O'all Place 18
Cum. Place 18
Time 50:12.3
Cum. Time 50:12.3

Team - Nene Valley
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 257
Name Phillipa Taylor
O'all Place 1
Cum. Place 1
Time 37:53.1
Cum. Time 37:53.1

Team - NEWMARKET JOGGERS
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 105
Name Belinda Schofield
O'all Place 41
Cum. Place 41
Time 55:57.3
Cum. Time 55:57.3

Team - Norfolk Harriers
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 322
Name Hazel Flower
O'all Place 78
Cum. Place 78
Time 1:05:36.6
Cum. Time 1:05:36.6

Team - Reepham Runners
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos 1

Bib No 234
Name Jude Durrant
O'all Place 15
Cum. Place 15
Time 48:40.9
Cum. Time 48:40.9

Team - St Edmund Pacers
Finish Position - 15
Team Score (places): Inc.
Team Score (times):
Team Pos

Bib No
Name
O'all Place
Cum. Place
Time
Cum. Time

1 428 Rita Rue 40 40 55:41.3 55:41.3

Team - Thetford AC Finish Position - 15

Team Score (places): Inc. Team Score (times):

Team Pos

Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
454	Rosemary Matlock	49	49	57:29.4	57:29.4

Team - EVAC Finish Position - 15

Team Score (places): Inc. Team Score (times):

Team Pos

Bib No	Name	O'all Place	Cum. Place	Time	Cum. Time
384	Veronica Manly	24	24	51:47.2	51:47.2