

Wymondham Athletics Records Men 2011

	Under 25	Seniors	35 - 39	40 - 44	45 - 49	50 - 54	55 - 59	60 - 64	65 - 69	70
100m				N Poppleton	A Dearnley	I Foster	R Marchant	D Farman	R Merchant	
				13.4 (94)	13.01 (99)	12.2(94)	17.4 (94)	13.8 (03)	18.02 (01)	
200m				L Hill	A Dearnley	I Foster	M Sheldon	D Farman	R Merchant	
				27.6 (03)	26.9 (00)	25.6 (94)	33.7 (93)	27.5 (02)	38.91 (01)	
400m		K Walker		A Preston	A Dearnley	J Wood	T Brennan	D Farman	R Merchant	
		53.8 (94)		57.8 (10)	59.6 (99)	63.3 (92)	73.9 (03)	64.4 (03)	1.29.19 (01)	
800m		K Walker		R Sales	A Dearnley	E Bradshaw	T Brennan	D Farman		
		2.0 (94)		2.12.8 (03)	2.23.3 (98)	2.18.9	2.40.6 (03)	2.39.0 (02)		
1500m				R Sales	M Bailie	J Wood	T Brennan	D Matthews		
				4.26.6 (03)	4.39.6 (94)	4.55 (93)	5.27.5 (03)	6.04.05 (02)		
3000m				R Sales	M Bailie		T Brennan	D Matthews		
				9.32.1 (03)	9.58.9(94)		11.19.3(03)	12.19.9 (02)		
5000m		G Starkings			M Bailie	R White				
		16.45 (94)			17.07 (94)	18.25 (10)				
10000m										
110m H		R Northman		N Poppleton	N Poppleton	N Poppleton				
		18.7 (93)		20.2 (93)	22.1 (02)	20.6 (03)				
400m H				N Poppleton	N Poppleton	A Dearnley	T Bilham			
				67.1 (95)	75.0 (02)	73.7 (03)	81.2			

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Hammer				N Poppleton	N Poppleton	N Poppleton				
				13.3 (94)	13.6 (03)	14.7 (03)				
Javelin				R Jackson	R Clarke	N Poppleton	T Bilham			
				21.6 (94)	26.83 (03)	22.24 (03)	23.82			
Discus				N Poppleton	N Poppleton	N Poppleton	T Bilham			
				20.54 (96)	16.91 (02)	20.86 (03)	29.1			
Shot				S Corbould	R Clarke	N Poppleton		D Farman	R Marchant	
				6.68 (03)	6.4 (03)	6.74 (03)		7.20 (03)	5.21 (02)	
High Jump		R Northman		N Poppleton	N Poppleton	N Poppleton				
		1.85 (93)		1.55 (93)	1.45 (02)	1.45 (03)				
Long Jump		R Northman		N Poppleton	A Dearnley	N Poppleton	M Sheldon			
		6.55 (94)		5.23 (95)	5.44 (99)	4.34 (03)	2.93 (93)			
Triple Jump		R Northman		N Poppleton	A Dearnley	A Dearnley	T Bilham			
		13.1 (93)		11.15 (95)	11.21 (99)	10.13 (03)	8.46			
Pole Vault						N Poppleton	T Bilham			
						1.30 (03)	2.5			
2K Walk				S Corbould	M Bailie		D Bartrum	R Marchant	R Marchant	R Marchant
				12.45.8	12.56 (94)	11.55.2 (03)	13.09 (93)	12.52 (94)	13.58 (00)	
3000m				R Sales	M Bailie		T Brennan	D Matthews		
				9.32.1 (03)	9.58.9 (94)		11.19.3 (03)	12.19.9 (02)		
1 Mile Walk					S Corbould					
					9.51.7 (03)	M Bailie	D Bartrum	R Marchant	R Marchant	R Marchant
						11.29 (94)	8.58.4 (03)	10.17 (93)	10.14 (94)	10.47 (99)

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<b>1 Mile</b>		C Chapman 5.24 (03)		R Clarke 5.23 (00)	J Wood 5.11 (86)	N Poppleton 5.55 (03)	A Holland 5.56 (03)	D Mathews 6.29 (02)		
<b>5K</b>	J Preston 15.47 (11)	J Preston 15.47 (11)		B Parker 17.15 (93)	M Bailie 16.52 (94)	T Brannan 18.02	T Brannan 18.19 (99)	T Brannan 20.07 (05)	T Brannan 20.43 (09)	T Starkins 27.04 (00)
<b>5M</b>	J Preston 26.12	J Harding 26.01 (88)		C Harrison 28.46 (89)	M Bailie 28.17 (94)	P Goreham 28.29 (89)	T Brannan 29.41 (99)	M Smith (H) 33.05 (02)	T Brannan 34.16 (11)	T Starkins 46.20 (01)
<b>10 K</b>	J Preston 33.45 (11)	J Harding 32.18 (89)		S College 33.44 (87)	M Bailie 35.5 (94)	P Goreham 36.18 (90)	T Brannan 39.54 (99)	M Smith (H) 41.3 (02)	T Brannan 43.22 (11)	T Starkins 56.30 (00)
<b>10 M</b>		J Harding 53.59 (88)		C Harrison 57.35 (89)	P Goreham 56.52 (89)	P Goreham 56.52 (90)	T Brannan 61.5 (99)	M Smith (H) 69.32 (02)	M Smith 75.24 (07)	R Freeborn 1.43.03 (10)
<b>Half Marathon</b>	J Preston 1.14.28 (11)	J Harding 1.11.48 (89)		C Harrison 1.18.30 (89)	P Goreham 1.17.33 (89)	P Goreham 1.17.18 (92)	T Brannan 1.25.15 (99)	D Matthews 1.30.55 (02)	M Smith 1.43.31 (07)	T Starkins 2.15.15 (01)
<b>15 M</b>		J Harding 1.25 (87)		C Harrison 1.30.49 (89)	T Brannan 1.33.21 (91)	P Goreham 1.32.53 (90)	T Brannan 1.37.10 (99)	D Matthews 1.48.15 (03)	T Starkins 2.20.14 (95)	
<b>20 M</b>		J Harding 1.56.35 (88)		R Clarke 2.16.22 (02)	T Brannan 2.14.25 (92)	P Goreham 2.04.07 (91)	M Smith (H) 2.35.58 (97)	D Matthews 2.32.33 (02)		
<b>Marathon</b>		J Harding 2.38.21 (88)		C Harrison 2.54.4 (89)	P Goreham 2.52.28 (88)	P Goreham 2.48.15 (91)	R Marsh 3.45.31 (02)	D Matthews 3.24.09 (02)	R Marsh 5.18.29 (10)	