

Marriotts Way Ultra Information

Hope your training has gone well, and you are fit and ready to enjoy your day, fingers crossed the weather will be good.

Below is a list of information that may make the day go as planned and the route information

Please be at the start (Halfords car park NR2 4TQ) by 7:30am, remember not to park in their car park

I will be there with a signing on sheet, you will have your race number marked on to the back of your hand

You must take with you all your food and drink, there will only be water at the turnaround point at Reepham station

We will start at 8am, you will keep your own times, so please wear a watch and remember to start it

At the turnaround point there will be a water container to fill up bottles and a sheet to record your half way times or your finishing times if you are doing the 1/2 way run, record this next to your race number.

At Reepham station there is a cafe where you can get food and drinks there are also some toilets if needed.

At the finish there will be a finishing sheet to record your times on, this will be with a Tri-Anglia helper or myself.

Russell 07941301968

Mobile tel numbers are just for emergencies, we will not leave the finish until all runners are accounted for, so if you have to withdraw from the run, then please let us know, we can arrange to pick up runners from the points where the path crosses the roads, so please wait there.

Remember to keep safe at the road crossings, there will be traffic so please wait until it is safe to cross the roads'.

I look forward to meeting you all at the start
Russell